

TASMANIAN CLUB CHAMPIONSHIPS REGULATIONS FOR 2010-11

1. In 2010-11, the Tasmanian Club Championships will be held on Saturday 12 February 2011 starting at 12.30 pm at the Dial Athletics Centre, Penguin, and will be conducted with these regulations based on those used in 2009-10. In addition a combined boys/girls under 17 Club Championships will once again be conducted at the Tasmanian Club Championships.
2. Each open team will be restricted to 14 competitors of each sex, all of whom must be first claim members of the competing club. No combined clubs will be permitted. Clubs may enter one team in either or both the men's and women's competitions.
3. Each under 17 team shall comprise up to seven boys and seven girls, each of whom must be under 17 years of age on 31 December 2011 and all of whom must be first claim members of the competing club. In the case of the under 17 competition, athletes dually registered with AT/TLA are eligible. Athletes may compete in both the under 17 and open competitions on the same day, however clubs are expected not to exceed reasonable expectations of a competition load on a young athlete.
4. Each athlete will be permitted to compete in a maximum of three individual events, plus a relay [alternatively an athlete may do up to two individual and two relay events]. Each team will field one athlete in each of the two (four for the 100m) divisions in each individual event, to be nominated immediately prior to the start of each event from within the nominated team. Teams unable to comply with the rule at the time of competition due to illness or injury amongst their originally nominated team will be permitted to compete on an invitation basis. There will be three trials in throws and horizontal jumps. In the under 17 competition girls only will compete in Division A and boys only in Division B. Each under 17 relay shall comprise two boys and two girls (in any order).
5. The following events (two divisions in each except relays) will comprise the Tasmanian Club Championships in 2010-11:

MEN	WOMEN	UNDER 17
100m (4 div)	100m (4 div)	100m (2 divisions per gender)
400m	400m	400m
800m	800m	800m
3000m	3000m	1500m
200m H	200m H	200m H
Shot Put	Shot Put	Shot Put (W4kg; M5kg)
Discus	Hammer	Javelin (W600; M700)
Triple Jump	Long Jump	Long Jump
High Jump	High Jump	High Jump
4x100m	4x100m	4x100m
Medley Relay	Medley Relay	Swedish Relay

The medley relay is 200m, 200m, 400m, 800m. The Swedish Relay is 100m, 200m, 300m, 400m.

5. All teams will be responsible for their own travel and accommodation arrangements.

6. Time limits may be applied in distance events.

7. Starting heights will apply in the high jump.

The starting heights and progressions will be as follows:

Women High Jump: start at 1.30m, then 1.40m, then by 5cm to 1.55m then by 3cm

Men High Jump: start at 1.50m, then 1.60m, by 7cm to 1.81m, then by 3 cm

Under 17 High Jump Start and progressions tbd on site

If a club has a competitor who cannot clear the opening height they will be permitted to have one only attempt at a lower height nominated by them. If successful, they would then have the option of continuing in the competition as per the above progressions.

8. For an eight team open competition, the following points would apply:

Place	A Division	B/C/D Division
1	20	15
2	18	13
3	16	11
4	15	10
5	14	9
6	13	8
7	12	7
8	11	6

Relays to be scored as per A division. If a club has only one athlete in an event, they must compete in A division. Where a club has no athlete in a division, or the athlete fails to record a performance or is disqualified, they will score zero (0) points for that division of that event.

In the under 17 teams competitions, the scoring in both divisions of all events will be – 8,7,6,5,4,3,2,1

Tied Scoring: In the event of a tie, the winner will be decided on a count-back of the number of first placings in the competition. If a tie still exists then second places are counted and so on.

9. **AWARDS:** Athletes in placed teams will be awarded Tasmanian Championships medallions.

10. **TEAM SUBVENTIONS:** AT advises that the same travel subsidies will be paid as in 2009-10: NBAAT clubs - \$6 per athlete (capped at \$60 per team); AS Clubs - \$15 per athlete (capped at \$150 per team). Clubs to invoice AT after the event and no later than 15 March 2011 based on athletes and teams actually taking part.

11. **SELECTION OF COMPETING TEAMS:** This will be the responsibility of each Club. Competing clubs must submit entries including initial names by email to Athletics Tasmania by 5 pm Wednesday, 9 February 2011. There will be no entry fee.

12. TASMANIAN 3000M CHAMPIONSHIPS: To be clear, athletes wishing to compete in the individual Tasmanian 3000m championships held in conjunction with the meet must enter for those events and pay the applicable entry fee. Should an athlete who is nominated for his/her club for the 3000m in the Clubs Championships not wish to enter the individual championships, there is no fee but the athlete will not be listed in the 3000m championship result.

At the moment it is planned that all age groups in the women's championships will be conducted together and simultaneously with the Clubs Championships.

On the assumption that men's entries will be larger, provision has been made to conduct the U15/U16/U18 men's events as a separate race. If entries are not so large this event will be combined with the open/clubs championships race.

Note that there are no individual Tasmanian 3000m championships in the under 20 age group. U20 athletes should enter in the open age group.

13. TIMETABLE: The timetable is attached and is available on the AT website.